

**MEET OF CHAMPIONS
AZUSA PACIFIC UNIVERSITY
MARCH 24, 1990**

MEN'S HAMMER	MARK	WOMEN'S SHOT PUT
John Knight, UCLA	(63.89) 209-7	Cathy Tyree, Nike Coast (13.11) 43-0 $\frac{1}{4}$
Steve Prokop, AIA	(62.81) 206-0	S. Hanson-Hiner, NCTC (12.66) 41-6 $\frac{1}{2}$
Ade Olukoju, APU	(58.41) 191-8	Debra Larsen, NCTC (12.25) 40-7 $\frac{1}{2}$
Marvin Williams, Unat.	(56.84) 186-6	Cassandra Dumas, Unatt (11.89) 39-0
Ryan McCann, AIA	(56.28) 184-8	Diane Van Leeuwen, APU (10.80) 35-5 $\frac{1}{4}$
Chris Beard, AIA	(54.20) 177-10	Ellen Dinsenbacher, P-P (10.37) 34-0 $\frac{1}{4}$
Brad Bowden, APU	(54.03) 177-3	Brittany Burch, P-P (10.26) 33-8
Jim Payton, Unat.	(51.22) 168-0	Katrina Polaski, Clare (10.13) 33-3

MEN'S 400-METER RELAY	WOMEN'S 400-METER RELAY
Stars & Stripes 40.50	Cheetahs 46.49
Pomona-Pitzer 43.03	Cal State Fullerton 48.56
Cal State Fullerton 43.44	Cal Lutheran 51.03
Biola 45.66	Biola 51.50
	Christ College Irvine 53.28

MEN'S MILE (Heat 1)	WOMEN'S 1500 (Heat 1)
Eddie Mundo, LBCC 4:18.74	Michelle Taylor, Cheetahs 4:38.67
Dave Munroe, Track West 4:19.26	Amy Goodwin, USC 4:39.32
Mike Trujillo, Track West 4:19.88	Melissa Pardini, UCR 4:40.88
Scott Snider, Biola 4:22.08	Jenee Ellis, APU 4:47.71
Dreux Valenti, USC 4:23.20	Katie Cunningham, TWTC 4:49.19
Don Higgins, USC 4:23.64	Rosie Douglas, TWTC 4:52.2*
Harrison Njoroge, APU 4:28.71	Janelle Tozer, Westmont 4:56.7*
Mark Fitridge, Unatt 4:37.18	Heidi Peterson, CLU 5:04.89
Wolfgang Meier, SMTC 4:41.98	Christy Grimsley, Biola 5:11.66

MEN'S MILE (Heat 2)	WOMEN'S 1500 (Heat 2)
Tom Wright, CSF 4:25.0*	Sheri Hall, SCC 4:58.29
Gene Jimenez, Redlands 4:28.91	Shasha Cooper, Westmont 5:03.27
Ray Trujillo, CSF 4:29.50	Kristen Prince, CSF 5:20.59
Brian Killeen, CSF 4:36.65	Tira Johnson, APU 5:24.79
Scott Caldwell, Westmont 4:38.61	Lisa Harris, Claremont 5:27.65
Phil Jantz, Biola 4:40.23	Lorraine Lewis, CLU 5:38.30
Aaron Tabor, Westmont 4:43.03	Dena Pierce, CLU 5:38.79
John Egui, Unat. 4:53.04	Minerva Valdez, CSF 5:50.15
Miguel Lucas, Biola 4:56.24	
Tim Bryan, SCC 4:56.5*	

MEN'S MILE (Heat 3)	WOMEN'S JAVELIN
Rick Jones, Westmont 4:24.48	Durelle Schimek, NCTC (55.46) 181-11#
Marty Baratti, CSF 4:27.71	Cathie Harris, Unatt (47.54) 156-0
Glen Cunningham, Unat 4:29.38	Donna McDonough, AIA (45.56) 149-6
Greg Neltzel, CSF 4:29.70	Tricia Wright, ULV (43.56) 142-11
Scott Salsberry, Westmont 4:30.19	Cathy Tyree, NCTC 139-0
Nate Miller, Pomona-Pitzer 4:31.35	Sue Schroeder, UR (40.58) 132-2
Bob Gorman, Westmont 4:32.95	Casey Giacomazi (40.04) 131-4
Robert Davis, Claremont 4:38.52	Karalee Hendrickson (39.00) 128-5

MEN'S SHOT PUT

Mike Morales, UCI	(16.92)	55-6 $\frac{1}{4}$
Joe Bailey, WTC	(16.50)	54-1 $\frac{3}{4}$
Heinz Heinrichs, SSTC	(14.18)	46-6 $\frac{1}{4}$
Mike Gonzalez, Unat	(13.88)	45-6 $\frac{1}{2}$
Jason Robinson, Unat	(13.85)	45-5 $\frac{1}{4}$
Michael Opp, Unat	(13.63)	44-8 $\frac{3}{4}$
Chris Wilcox, Deca	(13.18)	43-3
Craig Hager, Deca	(13.14)	43-1 $\frac{1}{2}$
Chris Orill, Biola	(12.53)	41-1 $\frac{1}{2}$
Greg Lesser, Claremont	(12.52)	41-1
Doug Hume, APU	(12.43)	40-9 $\frac{1}{2}$
Dave Dangleis, APU	(12.26)	40-2 $\frac{3}{4}$
David Koeb, Unat	(12.20)	40-0 $\frac{1}{2}$

MEN'S 110 HURDLES (Heat 1) +5.03

Robert Reading, unatt	13.76
Mark Crear, USC	13.79
Henry Andrade, Cheetahs	13.82
Robert Foster, Taft	13.84
David Ashford, SSTC	14.02
Ike Mbadugha, APU	14.12
Dave Johnson, Nike Int'l	14.36
Terry Johnson, CSLA	14.45

MEN'S 110 HURDLES (Heat 2) +6.33

Ricky Williams, SSTC	13.74
Larry Harrington, Taft	13.79
Anthony House, SSTC	14.10
Eddie Carbin, APU	14.32
Mike Simmons, SSTC	14.7*
Sartage Poritorio, Unatt	14.8*
Cliff Mack, AIA	15.4*
Ezra Carbins, APU	16.3*

MEN'S 110 HURDLES (Heat 3) +5.91

Doug Loisel, unatt.	15.20
John Schwepker, CSLA	15.28
Rob Summers, Redlands	15.32
Bill Fulton, Claremont-Mudd	15.46
Ruben Bortolm, Larios	15.71
Jack Nance, unatt	15.77
Tom Raper, CCI	15.92
Craig Hagen, CSLA	16.5*

MEN'S 400 METERS (Heat 1)

Martin Cannady, USC	48.37
Dayn Kirksey, USC	48.77
Chris Willcox, Unatt	48.79

WOMEN'S HIGH JUMP

Latrese Johnson, APU	6-2
Vickie Borsheim, Westwood TC	6-0
Phyllis Bluston, Unatt	5-10
Sue DiMorco, Nike Coast	5-8
Sharon Heiner, Nike Coast	5-4
Pav Chism, Claremont	5-4
Katrina Polaski, Claremont	5-0
Pam Beaver, Cal Lutheran	5-0
Brittany Burch, P-P	4-8

WOMEN'S 100 HURDLES (Heat 1)+5.94

Annita Epps, Cheetahs	13.76
Sharon Heiner, Nike Coast	14.01
Diane Hackwell, AIA	14.87
Julie Rosemond, Westmont	15.49
Jenny Hively, Biola	15.53
Debra Larson, Nike Coast	15.74
Krisi Lein, Azusa Pacific	16.1*

WOMEN'S 100 HURDLES (Heat 2)+5.85

Sarah Swensen, Pomona-Pitzer	16.47
Yumi Peterson, Claremont	17.16
Rene Carroll, CCI	17.18
Julie Campbell, APU	18.22

WOMEN'S 100 HURDLES (Heat 3)+4.45

Jennifer Wagner, CCI	18.72
Becky Ristagno, Biola	19.42
Krisi Conrad, APU	20.13
Julie Blema, Claremont	20.33
Rhonda Reid, APU	20.59
Amy Hoksbergen, APU	21.73

WOMEN'S 400 METERS (Heat 1)

Lori Shaw, SBTC	55.95
Pat Mobley, SDTC	59.79
Susan Bluhm, CLU	1:00.93
Melanie Laich, UCR	1:02.43
Montoya, USMC	1:07.80

WOMEN'S 400 METERS (Heat 2)

Solveig Elveton, Claremont	1:01.98
Kara Witzke, Biola	1:02.41
Allison Jones, APU	1:04.17
Amy Westley, APU	1:07.75
Jill Heen, Pomona-Pitzer	1:09.30
Germaine Jackson, Pitzer	1:09.44
Mary Ann Bagnas, APU	1:13.29

MEN'S 400 METERS (Heat 2)

Will Stope, Unatt	48.28
Allen, USMC	48.34
John Scwepter, Deca	50.88
Brian Bixler, Westmont	51.30
Corwin Wills, CSF	51.31

MEN'S 400 METERS (Heat 3)

Young, UCR	50.04
John Holmes, Westmont	52.97
Louis Rodriguez, APU	53.36
Dave Karlton, Claremont	54.02
Ryan Brathwaite, Biola	1:01.23

MEN'S LONG JUMP

Torey Barr, Saddlebak(7.59)	24-10 3/4
Allen, USMC	(7.29) 23-10 1/4
Chris Wilcos, CSLA	(7.15) 23-5 1/2
Holey, Taft	(7.11) 23-4
Gary Cameron, Unatt	(6.79) 22-3 1/4
Dale Johnson, Unatt	(6.59) 21-7 1/2
Mark Michoelian, USC	21-5 3/4
LaShane Jackson, Unatt	21-4 1/4
Jason Sadler, Biola	20-6 1/4
Ruben Bortelin, CSLA	20-6 1/4
Ron Laing, Biola	20-5
Ezra Carbins, APU	19-3 3/4
Craig Hagan, CSLA	18-11
Tom Raper, CCI	18-5 3/4

MEN'S 100 METERS (Heat 1)	+3.55
Jeff Williams, SSTC	10.26
Oliver Daniels, Biola	10.43
Osmond Ezinua, Mt SAC	10.47
Fred Simmons, RTI	10.56
Greg Holmes, SSTC	10.71
Marc Messana, Unatt	10.90
Jay Smith, Unatt	10.93
Willie Puckett, Cheetahs	11.14

MEN'S 100 METERS (Heat 2)	+5.58
Ricky Williams, Unatt	10.46
Torey Barr, Saddleback	10.69
Darrell Hudson, Unatt	10.86
Mark Hill, CSF	11.05
Chris Brisco, SMTC	11.14
Tim Leit, Unatt	11.2*
Malcim, USMC	NT
Eugene Driver, Unatt	11.25

WOMEN'S 100 METERS (Heat 1)	+6.16
Christy Opara, Cheetahs	11.53
Tricia Pachiano, SBTC	12.03
Kim Petway, APU	12.70
Connie Navarro, Unatt	12.80
Traycee Caldwell, CSF	12.85
Tonia Love, CLU	13.15

WOMEN'S 100 METERS (Heat 2)	+5.22
Myosl, Unatt	13.13
Gabrielle Dwelle, Biola	13.22
Kristy Lien, APU	13.44
Rene Carroll, CCI	13.61
Jennifer Wagner, CCI	13.76

WOMEN'S 100 METERS (Heat 3)	+5.11
Christie Manski, CCI	13.33
Julie Blema, Claremont	14.64
Julie Lundquist, CCI	16.09

WOMEN'S 300 METERS

Grace Jackson, Jamaica	36.46#
Airat Bakare, Nigeria	37.48
Tina Igewam, Unatt	38.04
Kim Petway, Unatt	41.74

WOMEN'S 800 METERS (Heat 1)

Sonja Sutherland, SBTC	2:13.92
Tracy Boudreau, USC	2:19.12
Toni Oliver, SDTC	2:19.18
Janelle Corbyn, UCR	2:19.6*
Kendra Bradrup, TWTC	2:21.02
Helen Moreno, Active 5	2:22.74
Andrea Shane, Unatt	2:22.82
Rosie Duenas, TWTC	2:24.20
Katie Cunningham, TWTC	2:24.24
Stacia Larsen, Westmont	2:26.86

WOMEN'S 800 METERS (Heat 2)

Robin Snouvack, Unatt	2:26.34
Caroline Portzel, Westmont	2:27.13
Tira Johnson, APU	2:31.88
Berndette Pendergraph, UCR	2:32.25
Julie Fender, APU	2:34.75
Jeni Hendry, Biola	2:38.20
Charlene Koutchak, CLU	2:39.25
Alice Maggs, CSF	2:43.49
Sara Coats, Biola	2:46.79
Rene Carroll, CCI	2:47.8*
Diana Loveland, CCI	2:57.8*

MEN' 100 METERS (Heat 3)	-6.53
David Dangleis, APU	11.07
Andre Frazier, Team Patriot	11.20
Ricky Jacobs, Redlands	11.22
Heinz Hinrichs, SSTC	11.24
Brad Mack, Unatt	11.25
Sunday Fadulu, Pomona Pitzer	11.36
Meyers, USMC	11.40

MEN'S 100 METERS (Heat 4)	+4.88
Cliff Mack, AIA	10.97
Anthony House, SSTC	11.02

Nyugen Pendleton, CSF	11.20
Shannon Myles, Unatt	11.34
Mark Anderson, Claremont	11.88
Carl Wright, Biola	12.34
MacGregor Reid, Unatt	13.5*

MEN'S 100 METERS (Heat 5)	+4.48
Jack Akerboom, Claremont	11.20
Tunda Whitten, Pomona-Pitzer	11.30
Deon Thomas, CSF	11.51
Caty Tuggle, CCI	11.56

MEN'S DISCUS	
Ade Olukaju, APU (62.68)	205-8#
John Gallagher, USC (48.80)	160-1
Ryan McCann, AIA (48.30)	158-5
Dave Johnson, Nike (48.30)	158-5
Mike Morales, UCI (47.96)	157-4
Michael Opt, Unatt (46.32)	152-0
Jamie Presser, WTC (45.88)	150-6
Randal Haight, P-P (41.16)	135-0
Dan Verdon, Westmont (41.08)	134-9

MEN'S 800 METERS (Heat 1)	
John Ashbrook, USC	1:54.36
Todd Overstreet, USC	1:54.78
Eddie Mundo, LBTC	1:54.98
Montgomery Miller, Cheetahs	1:55.64
Paul Dennis, Unatt	1:56.01
Mike Trujillo, TWTC	1:58.97
John Whiteman, USC	2:01.81
Dave Monroe, TWTC	2:08.29

WOMEN'S 400 HURDLES	
Barb Gutarac, CSF	1:05.66
Jenny Hivley, Biola	1:06.26
Julie Rosemond, Westmont	1:06.77
Sara Swenson, Pomona-Pitzer	1:12.01

WOMEN'S LONG JUMP	
Veronica Bell, Cheetahs	20-5 $\frac{1}{4}$
Christy Opara, Citrus	20-2 $\frac{1}{4}$ w
Yvette Bates, Cheetahs	19-10 $\frac{1}{2}$ w
Cathy Tyree, Nike Coast	19-3 $\frac{1}{4}$
Debra Larson, Nike Coast	18-8w
Kim Armbrust, APU	17-1 $\frac{3}{4}$ w
Sonia Munoz, APU	17-0w
Christine Richard, Biola	16-7 $\frac{1}{2}$
Melanie Laich, UCR	16-7
Traycee Caldwell, CSF	16-6 $\frac{3}{4}$ w
Julie Campbell, APU	15-3 $\frac{1}{2}$
Christie Manske, CCI	15-1 $\frac{3}{4}$ w
Rhonda Young, CCI	14-7 $\frac{1}{4}$
Sandra Ortega, APU	14-6 $\frac{3}{4}$ w
Kristy Conrad, APU	13-9w

WOMEN'S 200 METERS (Heat 2)	
Christy Opara, Citrus	23.58
Airat Bakare, Nigeria	23.64
Tina Iheagwan, Cheetahs	23.94
Tricia Pachiano, SBTC	24.60
Traycee Caldwell, CSF	27.24

WOMEN'S 200 METERS (Heat 2)	
Kate Iheagwan, Unatt	25.22
Teresa Hortelano, APU	26.40
Amy Rico, CLU	27.07
Ngusi Odogwu, Unatt	27.18
Christy Richard, Unatt	27.6*
Gabrielle Dwelle, Biola	27.72

WOMEN'S 200 METERS (Heat 3)	
Shannon Whaley, P-P	28.03
Julie Campbell, APU	28.76
Amy Hoksbergen, APU	28.65
Rhonda Reid, APU	29.20

MEN'S 800 METERS (Heat 2)

Todd Simpson, Westmont	1:57.59
Marcello Castro, CSF	1:58.47
Steve Girard, APU	1:59.00
Eric Starkey, APU	2:00.08
Tony Sanchez, CSF	2:00.37
Chris Montieri, P-P	2:00.42
Steve Stone, Redlands	2:00.65
Brett Killeen, UCR	2:00.70
Wallace Henry, APU	2:00.99

MEN'S 800 METERS (Heat 3)

Chris Meyer, Biola	1:56.89
Brian Hudgers, P-P	2:01.01
Dereck Cone, Claremont	2:02.45
John Egui, Unatt	2:03.59
Bill Ramizer, Biola	2:05.17
Craig Whitmore, Biola	2:05.63
Miguel Lucas, Biola	2:08.29
Kelly Beck, Claremont	2:11.09
Ken Gurr, APU	2:11.3*

MEN'S 400 HURDLES

Brad Koutz, P-P	56.08
Ezra Carbins, APU	58.01
Nick Runde, CSF	58.30
Jonathan Puskas, Claremont	61.69
Mike James, Claremont	62.94

MEN'S INVITATIONAL 300 HURDLES

Kevin Young, Unatt	35.32#
David Ashford, SSTC	38.32
Darius Smith, Unatt	38.57
Todd Reid, Unatt	39.61

POLE VAULT

Anthony Curren, Unatt	17-6#
Eric White, Unatt	17-6#
Todd Lehman, USC	16-6
Eric Whitcomb, APU	16-0
Greg McMillan, Unatt	16-0
Vince Beresford, APU	15-6
John Summers, Unatt	15-0
Jack Nance, Unatt	14-6
Mike Duncan, APU	14-6
Eric Johnson, Claremont	13-6
Steve Bateman, CSF	13-6

WOMEN'S DISCUS

Chris Borbosa, CSLA	(43.92)	144-1
D. Van Leeuwen, APU	(40.02)	131-3
Teresa Ortega, USC	(39.18)	128-6
Cassandra Dumas, Un	(37.26)	122-3
Brenda Haddox, Westmont	(35.54)	116-7
Donna McDonough, AIA	(35.22)	115-7
E. Dinsenbacher P-P	(33.80)	110-11
Jennifer Stengal, Clare	(31.10)	102-0
Katrina Polanski, Clare	(28.50)	
Marcia Farmer, Westmont	(27.28)	

MEN'S TRIPLE JUMP

Greg Harper, Unatt	(15-53)	50-11½
Cameron Gary, Unatt	(15.31)	50-2 3/4
L. Davenport, TJ 60	(15.21)	49-10 3/4
Dale Johnson, Unatt	(14.81)	48-7¼
Eric Joseph, Muzik TC	(14.29)	46-10 3/4
Jesse Henderson, CSF	(14.07)	46-2
Tom Rapper, CCI	(12.94)	42-5½

WOMEN'S 3000

Glades Puieur, TWTC	9:27.50
Kris Morgan, Unatt	10:06.84
Sandy Belding, APU	10:19.22
Sheri Hall, SCC	10:19.80
Kristen Peters, CSF	10:20.53
Kami Harden, CSF	10:22.09
Holly Hogan, CSF	10:28.72
Jeanelle Dobolina, Unatt	10:31.0*
Christy Grimsley, Biola	10:32.0*
Kelly Redfield, P-P	10:31.8*
Colleen Green, Westmont	11:14.5*
Mary McKinnon, Unatt	11:21.5*
Lisa Harris, Claremont	12:05.30
Rene Rogers, Biola	11:38.0*

MEN'S TWO MILE

Jim Ortiz, Glendale VR	8:57.00#
Matt Ebner, Unatt	8:57.82
Danny Martinez, Tiger	8:58.59
John Konigh, Unatt	8:59.49
Tyrus Demirter, Unatt	9:10.33
Mitch Sloan, USC	9:11.39
Pete Vincencio, Unatt	9:15.79
Dave Fleming, Tiger	9:16.2*
Dave Trujillo, CSF	9:22.0*
Paul Hough, USAF	9:31.7*

MEN'S HIGH JUMP

Doug Nordquist, ATTC (2.25)	7-4 $\frac{1}{2}$
Lee Balkin, SSTC (2.15)	7-0 $\frac{1}{2}$
Dan Raatjes, PLNC (2.15)	7-0 $\frac{1}{2}$
Grif Joyce, USC	6-8
Darren Reid, Unatt	6-8
Jim Campbell, USC	6-6
Jack Nance, Unatt	6-6
Denny Sepaher, USC	6-4
Andy Seklir, Pomona-Pitzer	6-2

MEN'S INVITATIONAL 300 METERS

Jeff Williams, SSTC	32.47
Quincy Watts, USC	32.48
Felix Sandy, APU	33.06
Sunday Uti, Nigeria	33.72
Markus Wesby, SSTC	34.02
Patrick Nwankwo, Unatt	34.11
Jay Smith, SSTC	34.5*
David Robinson, Unatt	34.5*

MEN'S 200 METERS (Heat 1)

Davidson Ezinwa, Mt. SAC	20.87
Fred Simmons, RTI	21.14
Oliver Daniels, Biola	21.34
T. Pep Dove Edwin, APU	21.43
Nixson, USMC	21.88

MEN'S 200 METERS (Heat 2)

Katrell Berry, Unatt	21.38
Mark Messana, Unatt	21.64
Greg Holmes, SSTC	21.92
Mark Hill, CSF	21.93
Eugene Driver, Unatt	23.19

MEN'S 200 METERS (Heat 3)

Cliff Mack, AIA	22.09
Ricky Jacobs, Redlands	22.83
Shannon Mikes, Unatt	23.11
Tim Lett, Unatt	23.18

MEN'S 200 METERS (Heat 4)

David Abfom, SSTC	22.07
John Akerboom, Claremont	22.57
Tunde Whitten, P-P	22.96
Frazier, Unatt	23.07
Mark Arredondo, Claremont	23.85
Dave Kalton, Claremont	23.9*
Carl Wright, Biola	24.3*

MEN'S TWO MILE (Continued)

Steve Frisone, CSF	9:38.1*
Don Higgins, USC	9:41.1*
Mark Goulet, Unatt	9:40.9*
Gabe Sanchez, CSF	9:41.4*
Jim Knox, Westmont	9:44.4*
Tom Davis, Westmont	9:46.0*
Mike Richardson, CSF	NT
Chris Lugo, UCR	NT
Tom Piazza, USC	NT
Gordon Watt, APU	10:01.8*
John Shurmer, Claremont	NT
Tom Bryan, SCC	NT
Sam Warren, Unatt	NT
Robert Liu, CSF	NT
David Sharp, Running Exp	NT

WOMEN'S 1600 RELAY

Cal State Fullerton	3:39.46
Cal Lutheran	4:04.99
Azusa Pacific	4:10.83
Claremont	4:19.66
Biola	4:20.15

MEN'S 1600 RELAY (Heat 1)

Taft JC	3:09.90
Azusa Pacific	3:11.50
Stars & Stripes	3:17.56
Cheetahs	3:20.20

MEN'S 1600 RELAY (Heat 2)

Cal State Fullerton	3:25.43
APU B Team	3:28.95
Biola	3:29.74
Claremont	3:32.94

WOMEN'S TRIPLE JUMP

Sabrina Williams, Nike (12.48)	40-11 $\frac{1}{4}$
Ngosi Odoguwu, Claremont (10.75)	35-3
Melanie Laich, UCR (10.73)	35-2 $\frac{1}{2}$
Sonia Munoz, APU (10.59)	34-9
Cindy Feldman, Biola (9.89)	32-5 $\frac{1}{2}$
Katrina Polaski, Clare (9.77)	32-0 $\frac{3}{4}$
Sandra Ortega, APU (9.29)	30-5 $\frac{3}{4}$

MEN'S JAVELIN

Mike Barnett, NYAC (76.30)	250-4
Steve Barnett, SMTC (66.48)	218-1
Dave Johnson, Nike Int'l (66.16)	217-1
Jason Twedt, Triton (64.56)	211-10
Richard Dorrington, Nordic (64.2)	210-0
Kenny Hall, Newport (62.90)	206-4
Clint Gertenrich, APU (60.74)	199-3

apu meet of champions

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Rob Vasquez, Unatt

(59.32) 194-7

*-hand timed

#-stadium record